RUNNING SHORTS

Sherrouse, McCallum win Huntsville Half Marathon

By Ken Johnson

Clint Sherrouse, 33, of Bryan and Kate McCallum, 27, of Spring were the overall winners of the 38th Annual Huntsville Half Marathon on Saturday, October 22

Sherrouse completed the 13.1-mile hilly course in 1 hour, 26 minutes and 14 seconds. This was his third Huntsville Half Marathon win. His previous wins were in 2004 and 2005.

McCallum finished in 1 hour, 47 minutes and 16 second. She is also a repeat winner, having won last year.

There were over 300 registered runners this year, competing in three races, half marathon, quarter marathon (6.55 miles) and 5K (3.1 miles). This is an annual event of the Seven Hills Running Club in Huntsville and is one of the oldest half marathons in Texas.

Jose Torres, 23, of Trinity and Julie Davis, 37, of Huntsville won the Quarter Marathon race.

Torres completed the course in 40 minutes and 17 seconds. He won this race in 2013 and again in 2015, with times of 43 minutes and 13 seconds and 44 minutes and 18 seconds, respectively.

Davis finished in 49 minutes and 32 seconds. She is a personal trainer, who moved to Huntsville in 2012. Davis recently launched a Christian fitness program for children in Huntsville called Recess and Results, which is a program that focuses on age appropriate physical activity and program design, all the while teaching children that exercise can be fun.

The winners of the 5K were Eric Bohac and Malissa Tremont. Bohac, 26, is a graduate student at Texas A&M and is from North Charleston, South Carolina. He completed the course in 18 minutes and 24 seconds. Tremont, 50, is a Seven Hills Running Club member, who lives in Waco. Her winning time was 25 minutes and 8 seconds.

Congratulations to the winners and to all runners who participated in this event. A complete list of finishers can be found at http://7hills.us/hvhalf.

Recent race results:

Houston Half Marathon (13.1 miles), Oct. 30

Dan Byrne, 58 1:29:16 James Colvin, 30 1:48:46 Maria Wicker, 52 2:16:41 Melinda Miller, 52 2:28:48 Ken Johnson, 75 2:57:43

Monster Mash 5K, Untimed, Elkins Lake, Huntsville, Oct. 29

Cynthia Luna Laura McDonald Scott McDonald Aaron McDonald Marsie Grant Darren Grant Jennifer Didier Steve Allen Cathy Bickford Chris deMilliano Emily deMilliano Beth Archer Lois Levingston Jacqui Wukich Laura Neker Amanda Popping Mertha McHenry

Run with the Saints 5K, Houston, Oct. 29

Ken Johnson, 75 36:06

Roy Memorial 5K, College Station, Oct. 22

Skipper Nethery, 68 36:00

Upcoming races in Huntsville:

November 24 – Gobble Wobble 5K, 1-Mie, Elkins Lake November 26 – Leftover Turkey 10K, 5K, 1-Mile, Physical Therapy Associates

For more information about these races and others in the area, visit the Seven Hills Running Club website at http://www.7hills.us and click on Race Schedule.