RUNNING SHORTS

Gautreaux, Villines win Dog Days 5K

By Ken Johnson



Jacob Gautreaux, left, a Houston firefighter who lives in Huntsville, and Emily Villines, right, a 16-year old student at Huntsville High School, finished first in the Dog Days 5K race on July 27 in the Forest Hills Subdivision.

Jacob Gautreaux and Emily Villines were the overall winners in the Dog Days 5K race held in the Forest Hills Sub-division on July 27. Gautreaux completed the 3.1-mile distance in 19 minutes and 19 seconds. Villines finished in 24 minutes and 33 seconds.

Gautreaux, 41, is a Houston Firefighter living in Huntsville. He is no stranger to winning and is considered the fastest long distance runner in Huntsville. His many wins include the Texas Marathon in Kingwood in 2012. He has completed 15 marathons and 3 races longer than a marathon.

Villines, 16, is a junior at Huntsville High School and a member of the Track and Cross Country Teams.

A complete list of Dog Days 5K & 1-Mile Run/Walk finishers is listed below.

Congratulations to Jacob Spradlin of Huntsville, who completed his first marathon in San Antonio on Saturday. He completed the 26.2-mile distance in scorching temperatures in 6 hours, 20 minutes and 43 seconds.. Spradlin, 40, is the Assistant Director of Online Training and Development at SHSU and a member of the Seven Hills Running Club.

Recent race results:

Sunday Night 5K, The Woodlands, Aug. 4

Ken Johnson, 72

38:11

I Ran Marathons Marathon, San Antonio, Aug. 3

Jacob Spradlin, 40 6:20:43

Outriggers 5K, Seabrook, Aug. 3

Ken Johnson, 72 36:49

Schulenburg Festival 5K, Aug. 3
Donna Fabian, 38 26:32 (1st in age group)

Dog Days 5K, Huntsville, Jul. 27Jacob Gautreaux, 41 19:19

Jacob Gautreaux, 41	19:19
Sheridan Grant, 20	20:18
Jason Wallace, 38	20:33
Steve Bickford, 51	23:23
Jose Moreno52	24:17
Emily Villines, 16	24:33
Mandie Villines, 15	24:55
Hutton Edney, 9	25:15
Steve Alle, 41	25:28
Jerico Golez, 36	26:30
Glenn Green, 51	27:16
Donna Fabian, 38	28:07
Gerald Johnson, 57	28:22
Glendys Santos, 43	29:52
Kelly Bielamowicz, 38	30:15
Laura Green, 47	30:33
Chris Cirrito, 43	30:36
Toni Moore, 26	30:48
Anita Moore, 26	30:50
Jill Blake, 34	31:13
Jan Parks, 56	31:33
Alisa Ramirez, 16	32:41
Marvin Dunbar, 43	33:27
Clayton Heald, 43	34:43
Heather Bagby, 38	35:16
Cathy Bickford, 51	37:49
Tamara Brown, 47	38:03
Kirstie Legerski, 43	38:29
Ken Johnson, 72	38:59
Jennifer Langley, 55	40:46
True Cousins, 79	47:36
Angela Reuter, 43	51:38
Sarah Dowling, 29	55:09
Kat Bevil, 29	55:26
Stew Brown, 53	55:45
Heidi Keller, 43	55:49

1-Mile

Cade Edney, 11	8:11
Eli Rowe, 11	8:16
Jayden Mathis, 14	9:38
Toben Edney, 5	11:08
Anitra Edney, 38	11:12
Carolyn Burdine, 48	19:53
LaTasha Burdine, 22	19:54
Connie Mathis, 41	20:03

Upcoming races in Huntsville:

July 27 – Dog Days 5K & 1-Mile Run/Walk, Forest Hills Sub-division

Aug. 10 – Carnage Classic, 4-Mile Mud Run, General Sam's Offroad Park

Aug. 24 – Heat Wave 5K & 1-Mile Run/Walk, Spring Lake Sub-division

For more information about these races and others in the area, visit the Seven Hills Running Club web site at http://www.7hills.us and click on Race Schedule.