### **RUNNING SHORTS**

### Gautreaux and McClellan win Sweetheart 5K

By Ken Johnson

Jacob Gautreaux, 38, and Alison McClellan, 33, were the winners in the Sweetheart 5K in Huntsville on Sunday. Gautreaux completed the 3.1-mile distance in 22 minutes and 11 seconds. Just the day before, he completed the Surfside Beach Marathon (26.2 miles) in Surfside Beach, Texas and won 2<sup>nd</sup> place in his age group. McClellan was first in the female division of the 5K, with a time of 27 minutes and 58 seconds.

A special congratulations to Anne Sigler and True Cousins, both 77, for completing the 5K.

Complete results of the Sweetheart 5K and other recent races are as follows:

#### **Recent race results:**

# Sweetheart Run, Huntsville, Feb. 27

5K (3.1 miles)	
Jacob Gautreaux, 38	22:11
Steve Bickford, , 50	25:14
Alison McClellan, 33	27:58
Derek Martin, 37	28:29
Don Ortloff, 65	33:52
Katie Keisler, 22	34:25
Josh Starkey, 23	34:25
Amber Wilkstrom, 21	38:55
Ashlea Taylor, 22	38:59
Skipper Nethery, 61	39:22
Kathy Newton, 38	43:25
Terry Newton, 52	43:29
Susan Cole, 48	51:12
Cindy Pate, 50	51:12
True Cousins, 77	52:40
Cathy Bickford, 49	58:46
Anne Sigler, 77	58:46
1-Mile	
Aerin Newton, 16	17:38
Marilynn Johnson, 65	17:38

#### Cowtown Marathon (26.2 miles), Fort Worth, Feb. 27

James Britsch, 33 5:41:24

# Surfside Beach Marathon, Surfside Beach, Feb. 26

Jacob Gautreaux, 38 3:22:07 (2<sup>nd</sup> in age group)

Ken Johnson, 69 6:30:47

50K (31 miles)

Jon Garcia, 26 5:59:55

### Rodeo Run 10K (6.2 miles), Houston, Feb. 26

Nadine Pharries, 44	53:03
Jamal A. Gibson, 20	1:00:02
Robert W. Johnston, 38	1:01:45
Leah Mulligan, 33	1:26:01

#### Run The Woodlands 5K, The Woodlands, Feb. 26

Steve Bickford, 50	23:30
Cathy Bickford, 49	41:43

#### Mardi Gras Half Marathon (13.1 miles), Galveston, Feb. 20

2:12:48
2:22:16
2:26:23
2:26:28
2:54:14
3:28:01
3:32:20

#### Austin Marathon, Feb. 20

Willard Oliver, 43	4:12:45		
Lindsay North, 26	4:49:02		
Ken Johnson, 69	6:21:09		
Half Marathon			
Abby Adam, 20	2:01:02		
Rose Auburn, 38	2:06:43		
Jessica Payne, 33	2:06:47		
Marisa Padilla, 33	2:22:10		
Ashley Myers, 21	2:28:26		
Kathleen Dubbs, 45	2:55:23		
Timothy Dubbs, 45	2:55:23		
Eugene Young, 66	2:56:08		

#### Run for Your Life 5K, Sequin, Feb. 19

Lavonne Zaiontz, 43 29:54

#### Chick-fil-A 5K, Spring, Feb. 19

Ken Johnson, 69 33:20 (1st in age group)

#### **Upcoming races in Huntsville:**

March 5 – Investiture 5K, SHSU Campus

March 27 – Run the Trails, 3.5 miles, non-competitive, Huntsville State Park

April 20 – ADPI Flashlight Dash, 1.5 Miles, SHSU Campus

For more information about this race and others, visit the Seven Hills Running Club web site at <a href="http://www.7hills.us">http://www.7hills.us</a> and click on Race Schedule.