

## RUNNING SHORTS

### **Over 400 runners in Huntsville for Texas 10 Series**

By Ken Johnson

Over 400 runners from all over southeast Texas were in Huntsville for the 4<sup>th</sup> annual Texas 10 Series race on Sunday, September 25. The event included four races, 10-miles, 5-miles, 5K and a kid's 1-mile.

All four races started and finished in the Bowers Stadium parking lot on the Sam Houston State University campus. Runners faced Huntsville's "3H's," hills, heat and humidity. However, everyone survived.

Lane Boyer, 27, of Houston won the 10-mile race with a time of 57 minutes and 43 seconds. Laura Sarkis, 36, of Houston was the fastest female. Her time was 1 hour, 9 minutes and 20 seconds.

Jose Torres, 23, of Trinity was the fastest local runner in the 10-miler. He finished in 1 hour, 6 minutes and 38 seconds.

The 5-mile race was won by Nicholas McDaniel, 17, of Katy. He finished in 34 minutes and 10 seconds. Kalynn Champagne, 31, of Bastrop won the female division with a time of 40 minutes and 21 seconds.

Local runner, Francisco Manzanares, 16, of Trinity finished in 40 minutes and 7 seconds.

Results for all local runners are included in the race results below.

Six other cities host Texas 10 Series races. These are College Station, Conroe, Missouri City, Cypress, Boerne and Katy.

Congratulations to Joshua Yates, 28, of Huntsville for completing his first race over a marathon in distance on Saturday. Yates, a Huntsville Item reporter, completed the Blazing 7's 50K trail run in Cat Spring. He ran the 31-mile course in 6 hours, 57 minutes and 10 seconds.

#### **Recent race results:**

##### **Sunday Night 5K, The Woodlands, Oct. 2**

Ken Johnson, 75     37:27

##### **Blazing 7s 50K (31 miles) Trail Run, Cat Spring, Oct. 1**

Joshua Yates, 28     6:57:10

##### **Octoberfest Kraut 8K (4.97 miles), Fredericksburg, Oct. 1**

Dan Byrne, 58     31:10

##### **Blackwater Draw 5K (untimed), Bryan, Oct. 1**

Steve Bickford, 55

Cathy Bickford, 54

##### **Pioneer Days 5K, Whitney, Oct. 1**

Steve Allen, 44     21:35

##### **Habitat for Humanity Run, 2.9 miles, Livingston, Oct. 1**

Ken Johnson, 75     35:38

**Berlin Marathon, Germany, Sept. 25**

Maria Wicker, 51 4:09:23

**Texas 10 Series, Huntsville, Sept. 25****10 Miles**

Jose Torres, 23	1:06:38
Dan Byrne, 58	1:11:43
Derek Davis, 27	1:14:11
Jason Wallace, 41	1:16:05
Julie Davis, 37	1:18:42
Steve Bickford, 55	1:23:03
Jose Moreno, 55	1:26:29
Angelina Santos, 51	1:27:16
Steve Allen, 44	1:28:23
Paige Holland, 23	1:34:73
Joshua Yates, 28	1:41:49
Monica Lopez, 33	1:44:52
Karen Berry, 36	1:50:52
Julie Mahlen, 45	1:52:16
Kathy Lehman, 41	1:54:14
Melinda Miller, 52	1:54:54
Julie Simmons, 42	1:57:17
Sharon Valles, 43	2:00:57
Giovanni Valdivia, 31	2:01:51
Ray Sarno, 69	2:05:11
Christopher Shank, 33	2:05:25
Ken Johnson, 75	2:23:01

**5 Miles**

Francisco Manzanares, 16	40:07
Kim Johnson, 42	47:34
Darren Grant, 51	48:29
April Payne, 37	51:04
Douglas Schamerhorn, 46	52:34
Shanna House, 35	56:48
Lauren Bartee, 33	58:40
Farrah Trevino, 35	1:06:19
Cindy Pate, 56	1:08:28
Patricia Brumley, 75	1:16:54
April Russell, 40	1:32:02

**5K**

Patrick Lewis, 51	27:09
Terri McDearman, 46	42:00

**Run One UH 5K, Houston, Sept. 25**

Donna Fabian, 42 25:14

**Pecan 5K Trail Run, Caldwell, Sept. 24**

Cindy Pate, 56 1:08:00

Jessica Twardeski, 36 1:08:00

**Run the Woodlands 5K, The Woodlands, Sept. 24**

Ken Johnson, 75 37:53

**Upcoming races in Huntsville:**

October 8 – Dye for Dogs Color Run, 3.9 Miles, New Waverly

October 22 – Huntsville Half & Quarter Marathon & 5K Run/Walk

November 26 – Leftover Turkey 10K, 5K, 1-Mile, Physical Therapy Associates

For more information about these races and others in the area, visit the Seven Hills Running Club website at <http://www.7hills.us> and click on Race Schedule.