

## RUNNING SHORTS

### Seven Hills club brings in members from across Texas

By Darren Grant

It was interesting to watch the Seven Hills Running Club grow in the early years of this decade. We were adapting constantly. Things you did when there were 100 members no longer worked when you had twice as many, so you'd have to figure out something new.

That growth occurred not only because more Walker County runners were joining the club, but also because more people were joining from outside Walker County. That has continued to the present day.

At our most recent club run, last Saturday, there were runners from Houston, Conroe, Trinity, and Cleveland, as well as some from out of state! This is not unusual. One way that I keep up with what's happening in nearby towns is by visiting with runners I know that live there.

A review of Seven Hills' roster reveals an astonishing geographical spread. Its members hail from virtually every county in our region: Walker, Houston, San Jacinto, Madison, Trinity, Liberty, Brazos, and Polk. There are members from College Station and Livingston, from Splendora and North Zulch. Many of these areas have a limited number of races, so coming over to Huntsville is a good way to get in a run on any given weekend.

The metropolitan Houston area is also well-represented, with members from Harris, Montgomery, Galveston, and Fort Bend counties. These runners enjoy getting out of the big city and running some quality hills.

Seven Hills also has a handful of members in the Hill Country, in Llano and Comal Counties, as well as others out of state, in Louisiana, Colorado, and elsewhere. Many of these members used to live in Huntsville, and maintain their membership to keep connected to our community.

Seven Hills is not only one of the most active running clubs in the state—it brings together runners from all over Texas. It is another thing we can be proud of in Huntsville.

(Ken Johnson compiles the "Recent Race Results" section of this column. Please send your race results to him at [1941runner@sbcglobal.net](mailto:1941runner@sbcglobal.net).)

#### Recent race results:

##### Texas 10 Series, Missouri City, Apr. 29

###### 10 Miles

Steve Allen, 46	1:21:19
Steve Bickford, 57	1:24:36
Jose Moreno, 57	1:26:31
Sharon Valles, 45	1:46:46
Ken Johnson, 76	2:22:28

###### 5 Miles

David Keithley, 36	47:14
Gretchen Dixon, 40	49:30
Cathy Bickford, 56	1:05:57
Dianna Sarno, 56	1:05:57
Ray Sarno, 71	1:05:58

**5K (3.1 miles)**

Velvia Keithley, 44    Untimed

**Gator Bait Trail Run, Huntsville State Park, Apr. 29****15K (9.3 miles)**

Emily Garner, 37        1:22:16

**5K**

Shannon Ramsey, 48    30:14

Gabrielle Beaty, 28    42:07

**Spring Fling Run, Huntsville, Apr. 28****5K**

Brandon Harrison, 31    22:06

Doug Caraway, 59        27:18

Erick Moreno, 38        28:43

David Keithley, 36       29:00

Patrick Kerstens, 35    29:00

Janet Bouchard, 61      29:27

Jeffrey Johnson, 62     30:37

Kylie Trevino, 7         30:49

Maria Wicker, 54        31:35

Nicole Jones, 46        32:18

Kelly Jones, 48         32:18

Alizabath Ray, 11        33:37

Maddie Ray, 9            34:48

Brady Garner, 9         34:48

Emily Garner, 37        34:49

Gene Gaskins, 58        36:01

Jan Parks, 61            36:33

Monica Lopez, 35        37:13

Shellie Geer, 68         42:03

Sara Beth Ellisor, 35    42:19

Ken Johnson, 76         42:19

Marvin Dittfurth, 74    44:26

Vickey Bosch, 31        46:01

Heidi Morse, 58         48:00

Marsie Grant, 56        48:00

Cathy Bickford, 56      48:01

Reason Kilian, 10        48:05

Avery Kilian, 7          48:12

Kim Heimbecker, 56     48:14

Ethan Trevino, 10        48:25

Farrah Trevino, 35      48:28

Laura Trevino, 39        48:31

Jeannie White, 49       48:32

Vicki Hogan, 63         48:43

Richard Jones, 66	53:17
Dianna Kim, 45	54:55
Matthew Kim, 11	54:59
Richard Wuenche, 76	55:12
Lois Levingston, 63	55:18
Bonnie Hardin, 68	55:19
Linda Wuensche, 72	55:31
Nancy Woessner, 69	58:54
Ashley Crane, 31	1:03:09
Becky Kemp, 45	1:07:38
Kay Jones, 65	1:09:04
Patsy Collins, 59	1:10:01
Roger Collins, 61	1:10:01

#### **1-Mile**

Sophia Moreno, 10	14:29
Stephanie Moreno, 38	14:31
Velvia Keithley, 44	21:25
Erin Owens, 36	36:50

#### **Lone Star Stampede 10K, Houston, Apr. 28**

Giovanni Valdivia, 32 1:05:20

#### **First Responder Half Marathon, Waco, Apr. 22**

Ken Johnson, 76 3:23:36

#### **Wine & Roses 5K, Bryan, Apr. 22**

Mandy Williams, 28	27:47
Kayleigh Pursley, 27	31:15
Kelli Johnson, 27	31:15
Cassie Pursley, 30	31:18
Anita Moore, 55	43:36
Jennifer Langley, 61	43:40
Cathy Bickford, 56	44:57
Cindy Pate, 57	44:59

#### **Coyote Trail 50K (31 miles), Cleburne State Park, Apr. 21**

Chase Foster, 34 8:07:50

#### **Bear Chase Half Marathon, Groveton, Apr. 14**

Sandra Erb, 46 2:00:29

#### **Upcoming races in Huntsville:**

May 28 – Memorial Day 5K & 1-Mile, Timberwilde Sub-division  
June 15 – Run with the Pack 5K & 1-Mile, Kate Barr Ross Park  
June 16 – June Bug 5K & 1-Mile, Spring Lake Sub-division

For more information about these races and others in the area, visit the Seven Hills Running Club website at <http://www.7hills.us> and click on Race Schedule.