

RUNNING SHORTS

Registration now open for Huntsville's premier race

By Ken Johnson

Registration is now open for the 36th Annual Huntsville Half & Quarter Marathon & 5K Run/Walk to be held on Saturday, October 18.

This is Huntsville's premier race. It is the 4th oldest of over 100 half marathons in Texas. About 500 runners and walkers from Huntsville and all over southeast Texas are expected to participate.

All three races will start and finish in front of the Health and Kinesiology Center on the Sam Houston State University campus. Participants can choose between the Half Marathon (13.1 miles), Quarter Marathon (6.55 miles) or the 5K (3.1 miles). The time limit for all three races is three and a half hours.

Registration fees go up on September 1, so now is the time to sign up. Online registration is available on the Seven Hills Running Club web site, <http://www.7hills.us>, or, mail-in entry forms are available at both Iron Works locations in Huntsville.

Congratulations to Taylor McDonald, 16, who beat out nearly 100 other runners for first place in the Run the Woodlands 5K on Saturday. He finished the 3.1-mile course in 17 minutes and 43 seconds. McDonald is junior at Huntsville High School and a member of the cross country team.

Recent race results:

Endurance for Food 5K, Little Elm, July 13

Donna Fabian, 39 25:02

Run the Woodlands 5K, The Woodlands, July 12

Taylor McDonald, 16 17:43
Conner del Rio, 16 18:08
Emily Villines, 17 20:31
Mandie Villines, 16 24:05
Evan del Rio, 14 24:28
Ken Johnson, 73 36:38

Magnolia Hill 21K (13 miles) Trail Run, Navasota, July 12

Steve Allen, 42 2:14:15

Sunday Night 5K, The Woodlands, July 6

Haleigh Pustka, 23 20:03
Leah Koester, 48 26:26
Ken Johnson, 73 36:25

Freedom 5K, Nacogdoches, July 5

Taylor McDonald, 16 17:46
Connor del Rio, 16 18:04

Bud Heat Wave 5 Miler, Baytown, July 4

Gerald Johnson, 58	46:53
Jensen Vienne, 10	1:07:15
Kristy Vienne, 37	1:07:15

Fireworks 5K, McKinney, July 4

Steve Bickford, 53	23:23
Cathy Bickford, 52	34:06
Ashley Gilbert, 25	38:36

1K (Untimed)

Lantz Gilbert, 10

Stu's Country Mile 5K, Centerville, July 4

Jose Torres, 21	20:24
Haley West, 19	21:52
J. C. Guzman, 42	22:22
Jesse Parker, 31	22:48
Francisco Manzanares, 14	23:28
Steve Allen, 42	23:53
Donna Fabian, 39	25:37
Leah Koester, 48	26:33
Clayton Heald, 44	29:18
Kelly Bielamowicz, 39	30:56
Heidi Morse, 54	25:57
Ken Johnson, 73	36:59
Colleen Spencer, 62	38:55
True Cousins, 80	48:10
Casey Spencer, 58	54:40

Upcoming races in Huntsville:

July 26 – Dog Days 5K and 1-Mile, Forest Hills Sub-division

August 23 – Heat Wave 5K and 1-Mile, Waterwood Sub-division

September 27 – Fall Fun Run, 10K, 5K, 1-Mile, Physical Therapy Associates, behind hospital.

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.