

RUNNING SHORTS

Seven Hills Running Club elects new officers

By Ken Johnson

The Seven Hills Running Club elected new officers for 2016 at a recent meeting.

April Russell was elected as president, replacing Jill Blake, who has served as president for the last two years.

Cindy Pate is the new vice president. She is taking over from Steve Bickford and Jessica Twardeski was elected as the secretary, replacing Donna Fabian.

Dana Formon was reelected as the registrar and Ken Johnson as treasurer.

The Seven Hills Running Club was formed in 1985 and has grown to be one of the largest and most active running clubs in the Houston area. The club offers a monthly run/walk and puts on the Huntsville Half & Quarter Marathon & 5K every October.

For more information about the club, visit their web site at <http://www.7hills.us>.

Congratulations to Cindy Pate, 55, for completing her first marathon (26.2 miles) in Kingwood on Friday. In the same race, Huntsville's speedy Jason Wallace, 40, was fourth overall finisher. He completed the race in 3 hours, 12 minutes and 22 seconds.

Recent race results:

Sunday Night 5K, The Woodlands, Jan. 3

Donna Fabian, 41 23:42

Ken Johnson, 74 36:48

Texas Marathon, Kingwood, Jan. 1

Marathon (26.2 miles)

Jason Wallace, 40 3:12:22

Jacob Gautreaux, 43 3:51:44

Cindy Pate, 55 7:55:06

April Russell, 39 8:06:27

Half Marathon

Dana Formon, 27 2:08:43

Gerald Johnson, 60 2:24:42

Julie Simmons, 41 2:28:30

Ken Johnson, 74 3:10:21

Jessica Twardeski, 35 4:14:18

New Years Resolution Run, Huntsville, Jan. 1

10K (6.2 miles)

Emily Villines, 19 45:37

Angela Santos, 50 51:56

Curtis Barton, 36 52:22

Jose Moreno, 54 52:54

Janet Bouchard, 59 1:00:21

Aric Arnsworth, 40 1:01:35

Heath Miner, 41 1:02:05

Cecilia Kalagias, 52 1:03:46
Melissa Davis, 39 1:09:51
Jody Slaughter, 52 1:54:25

5K

Steve Allen, 43 22:01
Mandie Villines, 17 26:10
Jennifer Didier, 41 29:20
Giovanni Valdivia, 30 29:38
Dana Formon, 27 29:48
Connie Mathis, 43 30:45
Glen Carter, 64 30:59
Micah Slaughter, 54 31:44
Honorio Galicia, 35 34:54
Kyle King, 40 38:25
Shellie Geer, 66 40:57
Lyndsay Starkey, 30 41:14
Jennifer Walker, 36 41:22
Brian Belanger, 55 45:33
Heidi Morse, 56 47:32
Patricia Capps, 62 47:41
Marsie Grant, 53 56:13
Lois Livingston, 60 56:13

1.5 Miles

Sheri Villines, 52 29:35

Run Houston Sam Houston Race Park 5K, Houston, Jan. 1

Donna Fabian, 41 24:03

Goose's Acre Christmas Run, 3.5 Miles, The Woodlands, Dec. 21

Ken Johnson, 74 46:05

Santa Hustle, Galveston, Dec. 20

Half Marathon

Maria Wicker, 51 2:12:39
Ken Johnson, 74 3:06:36
April Russell, 39 3:32:42

5K

Donna Fabian, 41 24:41
Marilynn Johnson, 70 59:21
Cindy Pate, 55 1:03:52
Jessica Twardeski, 35 1:03:52

Houston Running Festival Marathon, Dec. 19

Julie Simmons, 41 6:08:10

California International Marathon, Dec. 6

Maria Wicker, 51 4:05:26

Upcoming races in Huntsville:

Jan. 23 – Frost Your Fanny 5K & 1-Mile Run/Walk, Spring Lake Sub-division

Feb. 6 – Rocky Raccoon 100-Mile Trail Run, Huntsville State Park

Feb. 13 – Rocky Raccoon 50-Mile Trail Run, Huntsville State Park

For more information about these races and others in the area, visit the Seven Hills Running Club web site at <http://www.7hills.us> and click on Race Schedule.