

Seven Hills Running Club presents the

Huntsville Half Marathon & 5K Run/Walk

8 a.m., Saturday, October 22, 2011 Huntsville, Texas

GENERAL INFORMATION

Distances: Half Marathon (13.1 miles) and 5K (3.1 miles).

Start: Both races start and finish in front of the Health & Kinesiology Center (Bobby K. Marks Dr. & Bowers Blvd.) across the street from the Johnson Coliseum on the campus of Sam Houston State University.

Course: The Half Marathon is a double loop. It winds through the beautiful SHSU campus, past Captain Byrd Inmate Cemetery, out and back tree-lined Bearkat Blvd. and circles around the Walls Unit (oldest prison in Texas) and the historic Prison Rodeo Arena. The 5K course winds through the SHSU campus. Both courses are hilly by Houston area standards and it could be hot on race day. Participate only if you are adequately trained to do so.

Age Groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 and 70 & over in the Half Marathon and 5K.

Chip Timing: Run Wild Sports.

Time Limits: Three hours for the Half Marathon. No time limit for the 5K.

Awards: Awards to the overall male and female winner in the Half Marathon and 5K. Top three in each age group. Finisher awards for all runners completing the Half Marathon.

Wheels: Unfortunately, the course is not suitable for wheelchairs, so there will be no wheelchair competition. The race is RRCA sanctioned; no roller blades or baby joggers.

T-Shirts: T-shirts to all entrants. Tech shirts for the Half Marathon; 50/50 (cotton/polyester) shirts for the 5K.

Post-Race Party: Refreshments will be provided after the race.

Showers: Showers will be available in the Health & Kinesiology Center after the race. Bring your own towel.

Entry Fee and Registration: \$35 for the Half and \$15 for the 5K thru Oct. 8. \$40 for the Half and \$20 for the 5K from Oct. 9 thru Oct. 21. On race day, \$50 for the Half and \$25 for the 5K. Make checks payable to the <u>Seven Hills Running Club</u>. No refunds. Registration during Packet Pickup on Oct. 21 and race day registration at the starting point 7-8 a.m.

Packet Pickup: 5-7 p.m., October 21, at the Huntsville Best Western, 201 West Hill Park Circle, and 7-8 a.m. at the starting point on race day.

Directions to Race: From I-45 (Exit 116), go east on Hwy. 30. When you get to the downtown square, take a right on Sam Houston Ave., left on Bearkat Blvd. and right on Bobby Marks Dr. Go one block to the parking lot on the left across from the coliseum.

Parking: Plenty next to the start/finish area.

Host Hotel: Excellent discount rate of \$60 for runners at the Huntsville Best Western. For reservations, call (936) 295-9000 by October 2. Ask for the Huntsville Half Marathon rate.

What to do in Huntsville After the Race: Visit the Texas Prison Museum, H.E.A.R.T.S. Veterans Museum, Sam Houston Grave, Sam Houston Museum and the giant Statue of Sam Houston. For more information, call the Chamber of Commerce at 1-800-289-0389.

Race Information: Contact Steve Bickford, tcbsteveb01@hotmail.com, (936) 435-0047.